

FBC Today

f i y o u t h

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MAIN SERVICE
[Physical & Youtube]
Sundays 8:45am / 11:15am

YOUTH SERVICE
[Physical]
Sundays 9:00am

SUNDAY SCHOOL
For Ages 3 to 12
(Preschool to std 6)
Physical Classes
8:45am / 11:15am

U N L E A S H I N G T H E G O S P E L **ENGAGE | ENCOURAGE | EDIFY**

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**Karis Ministry :
Young Once**

PRAYER SPOTLIGHT
Karis Ministry



Karis Ministry : Young Once

Have you ever wondered how most people spend their retirement years? It is not uncommon to immediately think of a life enjoying the harvest of one's labour

such as travels, vacations, golfing, reconnecting with old buddies, picking up hobbies once forgone, etc. Perhaps it's a start to ticking off one's bucket list.

NEXT WEEK'S SERMON
JUNE 16 2024
The Gospel and Our Rights
1 Corinthians 9

Preacher
William Ngeow

GIVING
Business ID:
BT76

First Baptist Church
Announcements Subscription

To get our latest announcement and upcoming events by Whatsapp, Save +6010-2206701 as FBCA in your contact list and text them to indicate that you want to register to get the announcements.

FBC
RENOVATION & UPGRADE

HOW TO CONTRIBUTE
BT76 cheques / cash.
Payment reference: **'BUILDING'**

Unfortunately for the majority, the truth is far from it. In reality, most end up doing mundane things like house chores, watching TV, babysitting grandchildren, hospital visits, etc. Saddest still, many end up facing loneliness in their supposedly "golden" years.

In fact, one of the most common questions retirees and the elderly get asked is, "How do you spend your time?" It's like people envision the elderly having nothing much to do being locked up in their homes most of the time. Travel and other activities may help to fill up some of the time but more often than not, it's back to the four walls of the home. The worst part is, often their children are too busy to spend time with them. More so if they stay on their own. And the less the elderly leave their home to socialize, the more distant they become, leading to a life of emptiness and loneliness.

This is where the First Baptist Church (FBC) Karis Ministry can offer an avenue to bridge this predicament. Karis is an Outreach ministry where seniors from FBC and communities within Subang Jaya meet every Tuesday to fellowship and worship as a family in Christ. The Vision is to provide a place where seniors can engage, encourage, support and strengthen one another in our Christian walk.

But hold on – Karis is not a senior citizens or retirees club! The name Karis may sound Greek to non-FBC worshippers. Yes, it is

Greek! Karis" is derived from the Greek word "Charis" which has been translated to mean grace, kindness, and life. Charis is also used in the Greek-Hebrew Bible as a word that represents a sort of goodwill, kindness and extension of God's Grace.

The acronym, KARIS stands for:

- K** showing Kindness and concern for one another (Caring)
- A** Available for each other
- R** Reach out to family, friends and neighbours (Our Community)
- I** be instructed in His Word
- S** be available to serve

The weekly programme which starts at 10am includes worshipping in songs, prayers and devotional sharing by guest speakers. We end with a light lunch and refreshments where members interact and fellowship. Then the members break out into groups to pursue different activities. Those who love music strum away on their guitars and ukuleles attending lessons conducted by our in-house teachers, others tap their brain power to untangle Sudoku puzzles while the twinkle toes groove to lively line dance beats. Some members occasionally gather to have jamming sessions where they relive out their memorable youth, belting out songs in the likes of Elvis, Cliff Richard, Bee Gees, etc.



Over the past two years, the ministry witnessed a rapid growth in numbers averaging weekly from 60 attendees (pre-COVID times) to around 120 currently. It is encouraging to note that we have newcomers joining us almost every week. It's a good indicator that our members are reaching out to more and more seniors to join and participate in a community. Through these activities, we have attracted non-believers, those seeking growth spiritually or are spiritually void, as well as Christians who have strayed from their faith.

Whilst growth is good, we are also aware of the increasing concern about the ageing society in our community. This is especially so in the city where children practically spend very little time with their ageing parents or the children are studying or working overseas.

In a way, the Karis Ministry helps to fill this void. Besides it's an opportunity to bring the Gospel to those who have yet to know about Jesus Christ and Christianity. Irrespective of our backgrounds, the common denominator here is ageing. This is the key that binds this community as we journey together spiritually in faith and make the best of our remaining years.

For the Karis Committee, it is a blessing to serve and a joy to bring seniors and the elderly into a community of Christ drawing their focus on God, the Almighty One who walks with us through all our stages in life – yesterday, today and forever. Getting more members to serve and be more involved in the ministry is also important. Indeed, we are



glad that more and more members have stepped forward to help in song leading, prayers, Scripture reading and ushering.

We are thankful that the FBC Board is fully supportive and recognises the important role this ministry plays in answering to the Great Commission. By God's Grace and through His divine intervention, the ministry is doing well.

For more information on the Karis' activities, please contact Ricky Lee at 012-3660388 / Ivy Chin at 012-3510293



by Ricky Lee

Ricky heads the Karis Ministry





Karis Ministry

1. Pray for God's guidance and wisdom for Karis Ministry to continue to be effective in bringing its members to walk closely with the Lord.
2. Pray for more elderly non-Christians to come to know the Karis Ministry and learn about Jesus as their Saviour.
3. Pray for those who are sick that they will continue to trust in God and for their caregivers to continue to care for them in a loving way.
4. Pray for the Karis Committee to continue to serve in the ministry with whole-heartedness.

Lorem ipsum