

**FBC**

FIRST BAPTIST CHURCH  
SUBANG JAYA

# Part 1 Roadmap For Delta Ministry



## **Session 1: God's Design for Work & Calling**

Career navigation & mentorship stories



## **Session 2: Sabbath Rest & Resilience**

Time management & mental health



## **Session 3: Integrity & Witness at Work**

Navigating office politics & toxic environments



## **Session 4: Faith in Uncertain Seasons**

Encouragement & testimonies during career change

**F+BC**

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# Part 2 Roadmap For Delta Ministry



## **Session 5: Servant Leadership & Stewardship**

People management & conflict handling



## **Session 6: Excellence & Justice in Work**

Ethics in competitive environments



## **Session 7: Evangelism in the Marketplace**

Sharing the gospel at work



## **Session 8: Faith & the Future of Work**

Adapting to AI & workplace transformation

Why did God put the Psalms in the bible?

A stylized illustration of a mountain landscape. In the center, a cave entrance is visible, with a large tree growing inside. Two figures stand near the cave. The foreground features rolling green hills, a small stream, and several animals: a deer, a rabbit, and a giraffe. The background shows more mountains and a bright, glowing light source, possibly the sun or moon, creating a serene and peaceful atmosphere.

# Psalm 1

The Blessed Man

Blessed is the one  
    who does not walk in step with the  
wicked  
or stand in the way that sinners take  
    or sit in the company of mockers,  
<sup>2</sup> but whose delight is in the law of  
the LORD,  
    and who meditates on his law day  
and night.

<sup>3</sup> That person is like a tree planted by  
streams of water,  
    which yields its fruit in season  
and whose leaf does not wither—  
    whatever they do prospers.

Not so the wicked!

They are like chaff

that the wind blows away.

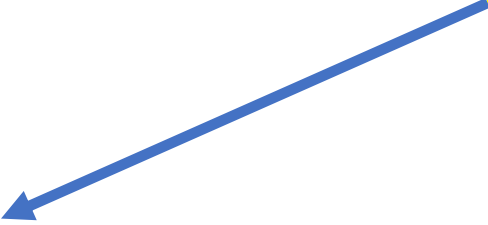
<sup>5</sup> Therefore the wicked will not stand in  
the judgment,

nor sinners in the assembly of the  
righteous.

<sup>6</sup> For the LORD watches over the way of  
the righteous,

but the way of the wicked leads to  
destruction.

"ashrei" (אַשְׁרֵי). This word conveys the idea of happiness, blessedness, and well-being, particularly for those who follow God's ways



**Blessed** is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,

# 1. Life is a battle for joy

*Choose carefully what you delight in*

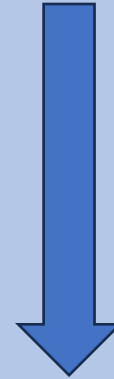


Blessed is the one  
who does not **walk** in step with the **wicked**  
or **stand** in the way that **sinners** take  
or **sit** in the company of **mockers**,


- Walk
- Stand
- Sit



- Wicked
- Sinners
- Scoffers



<sup>2</sup> but whose **delight** is in the **law of**  
**the LORD,**  
and who **meditates** on his law  
**day and night.**



“Hagah” (הָגָה). In the context signifies deep contemplation, murmuring or muttering sound, speaking to yourself)

What meditating on the word of God isn't



# 2 ways to be happy in life

Blessings according to the world

- Walk with the wicked
- Stand with sinners
- Sit with scoffers

Blessings according to God

- Delighting in meditating on the word of God regularly







# Who is the Psalmist talking to?

Truly my soul finds rest in God;  
my salvation comes from him.

<sup>2</sup> Truly he is my rock and my salvation;  
he is my fortress, I will never be shaken.

<sup>3</sup> How long will you assault me?  
Would all of you throw me down—  
this leaning wall, this tottering fence?

<sup>4</sup> Surely they intend to topple me  
from my lofty place;  
they take delight in lies.

With their mouths they bless,  
but in their hearts they curse.

Psalms 62:1-4



So why is Psalm 1 the opening chapter of the book of Psalms?

- Because the meditation on the Word of God *incarnates* prayers and worship

# Case Study

You are at work and someone whom you respected and thought was a trustworthy colleague does something which in your opinion amounts to stabbing you in the back

What do you do?

# Pray



# Apply biblical truths



# Option 3 – *meditate* on the word of God

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control.

Galatians 5:22-23

- What does the text tell you of yourself
- What does the text tell you of God
- What does the text tell you of how you should respond
- *Then only pray*

# Case Study 1

You are at work and someone whom you respected and thought was a trustworthy colleague does something which *in your opinion* amounts to stabbing you in the back

What do you do?

- What does the text tell you of yourself
- What does the text tell you of God
- What does the text tell you of how you should respond
- Then only pray
- *Then only respond in action*

<sup>2</sup> but whose delight is in the law of  
the LORD,  
and who meditates on his law  
**day and night.**



- Life is a battle for joy – choose wisely what you delight in
- You are called to be a tree of life to those around you

The opening chapters of the Torah (*same Hebrew word used for the law in Psalm 1:3*) focuses on the Garden of Eden with trees and streams where mankind live a **blessed life**



The opening chapter  
of the book of Psalms  
focuses on a tree and  
stream in relation to  
meditating on the  
Torah to receive the  
**blessed life**

<sup>3</sup> That person is like a  
tree planted by streams of  
water,  
which yields its fruit in  
season  
and whose leaf does not  
wither—  
whatever they do  
prosper.

What is it like to be a type of “tree of life”?

# 1. They are nourishing to be around

<sup>3</sup> That person is like a tree planted **by**  
**streams of water,**  
which **yields its fruit in season**

If you delight in the Word of God and meditate on it day and night you will yield your fruit in season. You will be a fruitful person. O for more fruitful people! You know them. They are refreshing and nourishing to be around. You go away from them fed. You go away strengthened. You go away with your taste for spiritual things awakened. Their mouth is a fountain of life. Their words are healing and convicting and encouraging and deepening and enlightening. Being around them is like a meal. This is the effect of delighting in the Word of God and meditating on it day and night. You will yield fruit in season.

John Piper

## Fillers

- You bring healing and wholeness to those around you. People are drawn to Christ in your presence

## Drainers

- You are draining to be around. People feel tired after a while hanging around you

## 2. They have endurance and stability

<sup>3</sup> That person is like a tree planted **by**  
**streams of water,**  
which yields its fruit in season  
**and whose leaf does not wither—**  
whatever they do prospers.



Why do leaves  
wither?







# 3. They prosper in everything

<sup>3</sup> That person is like a tree planted by  
streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
**whatever they do prospers.**

# Prosperity in the eyes of man or God?

<sup>1</sup> Surely God is good to Israel,  
to those who are pure in heart.

<sup>2</sup> But as for me, my feet had almost slipped;  
I had nearly lost my foothold.

<sup>3</sup> For I envied the arrogant  
when **I saw the prosperity of the wicked.**

Psalms 73:1-3

<sup>58</sup> Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.

1 Corinthians 15:58

# Case Study 2

You decide to start a small business and you pledge to be honest even though your particular industry corruption is the norm, you treat your staff well, invest back into the business instead of taking out funds for personal gain, and you do your best to be a good steward and witness for God

Despite all of this due to the introduction of the SST in your sector, some bad financing deals, uncertainty due to tariffs concerns, sudden shift in market demands your business fails and you go back to looking for a job

*Are you a failure?*

Not so the wicked!

They are like chaff  
that the wind blows away.

<sup>5</sup> Therefore the wicked will not  
stand in the judgment,  
nor sinners in the  
assembly of the righteous.

<sup>6</sup> For the LORD watches over the way  
of the righteous,  
but the way of the wicked  
leads to destruction.

# 2 ways to be *successful* in life

## Be like chaff

- Walk with the wicked
- Stand with sinners
- Sit with scoffers

## Be like a tree planted next to a stream

- Delighting in meditating on the word of God regularly



- Life is a battle for joy – choose wisely what you delight in
- You are called to be a tree of life to those around you
- We are much more like chaff than we care to admit



# Delight or Despair?

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control.

Galatians 5:22-23

# How to delight in these verses?

<sup>11</sup> “Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. <sup>12</sup> Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

Matthew 5:11-12



- Life is a battle for joy – choose wisely what you delight in
- You are called to be a tree of life to those around you
- We are much more like chaff than we care to admit
- To meditate on the word of God is to meditate on Jesus

There is another important tree in the New Testament

***It's called the tree of Calvary***

**“I am thirsty”**

**“It is finished”**





# The way back to the garden of Eden has opened

<sup>3</sup> For I will pour water on the thirsty land,  
and streams on the dry ground;  
**I will pour out my Spirit** on your  
offspring,  
and my blessing on your  
descendants.

<sup>4</sup> They will spring up like grass in a  
meadow,  
**like poplar trees by flowing  
streams.**

Isaiah 44:3-4





# 2 ways to live

- Tree by stream or chaff
- House on rock or house on sand
- Seed on good soil or seed on bad soil
  - Sheep or goats
  - Wheat or tares
- Narrow gate or wide gate
  - New self or old self
- Fruit of the spirit or works of the flesh

Are you **planting** yourself on a path that  
will ruin you

Blessed is the one  
who does not walk in step with the  
wicked  
or stand in the way that sinners take  
or **sit** in the company of **mockers**,

Or are you planting yourself in ways to  
bring life



Let's meditate now *together* on the Word  
of God

<sup>1</sup> I love you, LORD, my strength.

<sup>2</sup> The LORD is my rock, my fortress and my deliverer;  
my God is my rock, in whom I take refuge,  
my shield and the horn of my salvation, my stronghold.

Psalms 18:1-3