

Gamma 26

Study 7

Praying Our Doubts: A Study of Psalm 73 - Part 1

1. What is the emotion of the psalmist in Psalm 73?
2. Why is the psalmist feeling that way?
3. How is "doubt" defined in relation to "unbelief" and "faith"?
4. Reflection Question - What doubts have you experienced in your spiritual journey?
5. What common misconception does the Church often have about doubt, and how does that impact the believer who is struggling with doubt?
6. Reflection Question - What has been your own experience of the church when you struggled with doubt?
7. What are the "triggering factors" for doubt?

8. In what ways might wrestling with doubt lead to greater intimacy with God?

9. Reflection Question - How can I be of help to a brother or sister who is struggling with doubt?

Takeaway

Doubt is common and real in a believer's spiritual journey to maturity.

It is not something to be shunned nor embarrassed about - not "a chink in the armour".

Instead, it is an opportunity to grow our faith in Christ.