

LIFE IN THE SPIRIT: CRUCIFYING THE FLESH GAL 5:19-21

### CHRIST HAS SET US FREE

Gal 5:1 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Gal 5:13 You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.



# HOW MANY OF US ARE VERY HAPPY WITH LIFE?

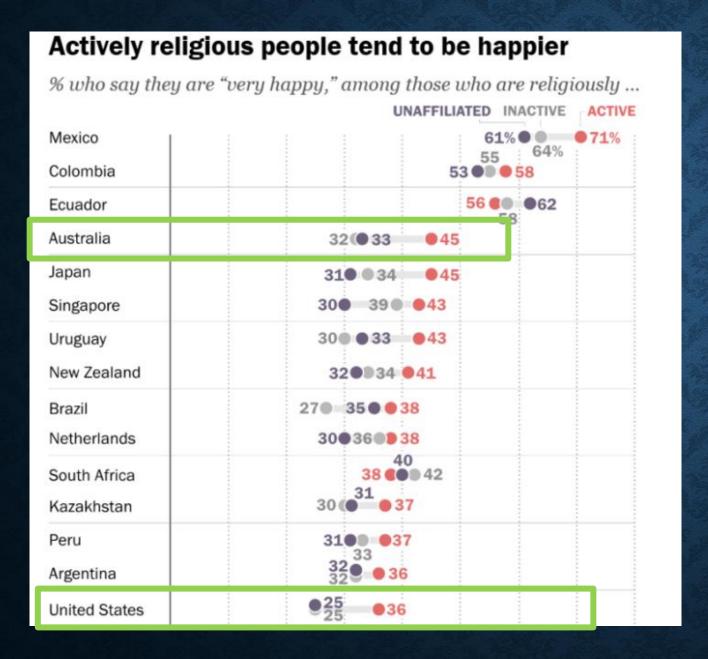






## CHRISTIAN HAPPIEST AMONG EVERYONE?

- "Christians, with all denominations grouped together, reported an average mean of life satisfaction at 7.60. This was the highest mean in the table, alongside Hindus, who also posted the same number. The groups with the lowest average score were the non-religious at 7.41, and the "any other religion" group, at 7.31."
- -Britain's national happiness index



https://www.pewresearch.org/religion/2019/01/31/religions-relationship-to-happiness-civic-engagement-and-health-around-the-world/pf\_1-23-19\_religion\_wellbeing-17-png/



### WHICH ONE DO WE RESEMBLE MORE?

Gal 5:19 The acts of the flesh are obvious: sexual immorality, impurity and debauchery; 20 idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions 21 and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.

### WHAT A WRETCHED MAN I AM!

Romans 7:18... For I have the desire to do what is good, but I cannot carry it out. 19 For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

7:21 So I find this law at work: Although I want to do good, evil is right there with me. 22 For in my inner being I delight in God's law; 23 but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. 24 What a wretched man I am!



### LIFE IN THE SPIRIT: CRUCIFYING THE FLESH GAL 5:19-21

The fight against slavery is real

# LET'S PRAY



# CHRISTIAN LIFE IS JOYLESS BECAUSE WE FEED THE BLACK DOG

Love Joy Peace **Forbearance** Kindness Goodness Faithfulness Gentleness Self-control



Sexual immorality **Impurity** Debauchery Idolatry Witchcraft Hatred Discord **Jealousy** Fits of rage Selfish ambition Dissensions **Factions** Envy Drunkenness **Orgies** and the like

# 4 Categories of the Works of the Flesh

#### Sexual Pleasure

- Sexual immorality
- Impurity
- Debauchery

#### Religious

- Idolatry
- Witchcraft

#### Community

- Hatred
- Discord
- Jealousy
- Fits of rage
- Selfish ambition
- Dissensions
- Factions
- Envy

#### Substance Abuse

- Drunkeness
- Orgies

And the like (non exhaustive list)

# SEXUAL IMMORALITY







**CHRISTIAN** 

**COMMON** 

# **IMPURITY**





**COMMON** 



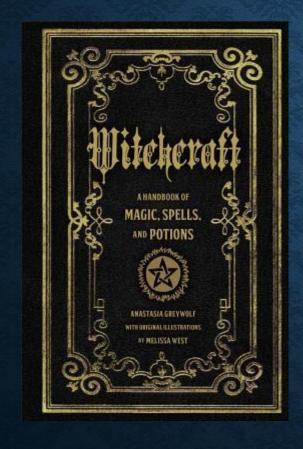
# **IDOLATRY**





**COMMON** 

# WITCHCRAFT







COMMON

# HATRED





COMMON

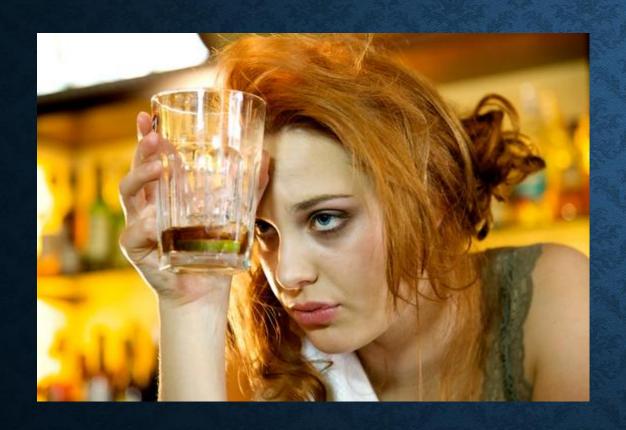
# SELFISH AMBITION





**COMMON** 

# SUBSTANCE ABUSE / ADDICTION







COMMON

### EVIL DESIRE LEADS TO DEATH

• James 1:14 ... each person is tempted when they are dragged away by their own evil desire and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.





### LIFE IN THE SPIRIT: CRUCIFYING THE FLESH GAL 5:19-21

- The fight against slavery is real
- You can't be free if you love your chains

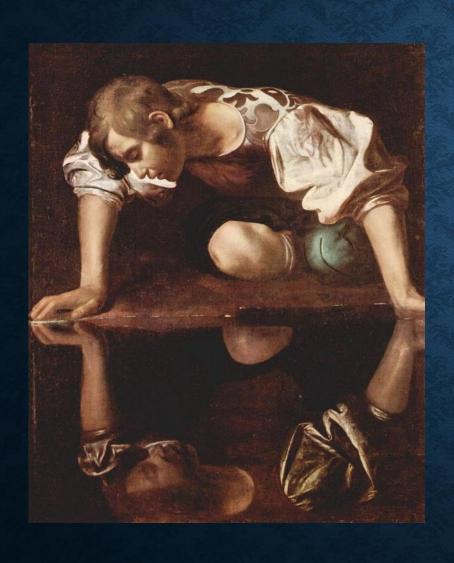
#### WHY DO SOME ALLOW THE FLESH TO REIGN?

Gal 5:19 The acts of the flesh are obvious: sexual immorality, impurity and debauchery; 20 idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions 21 and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

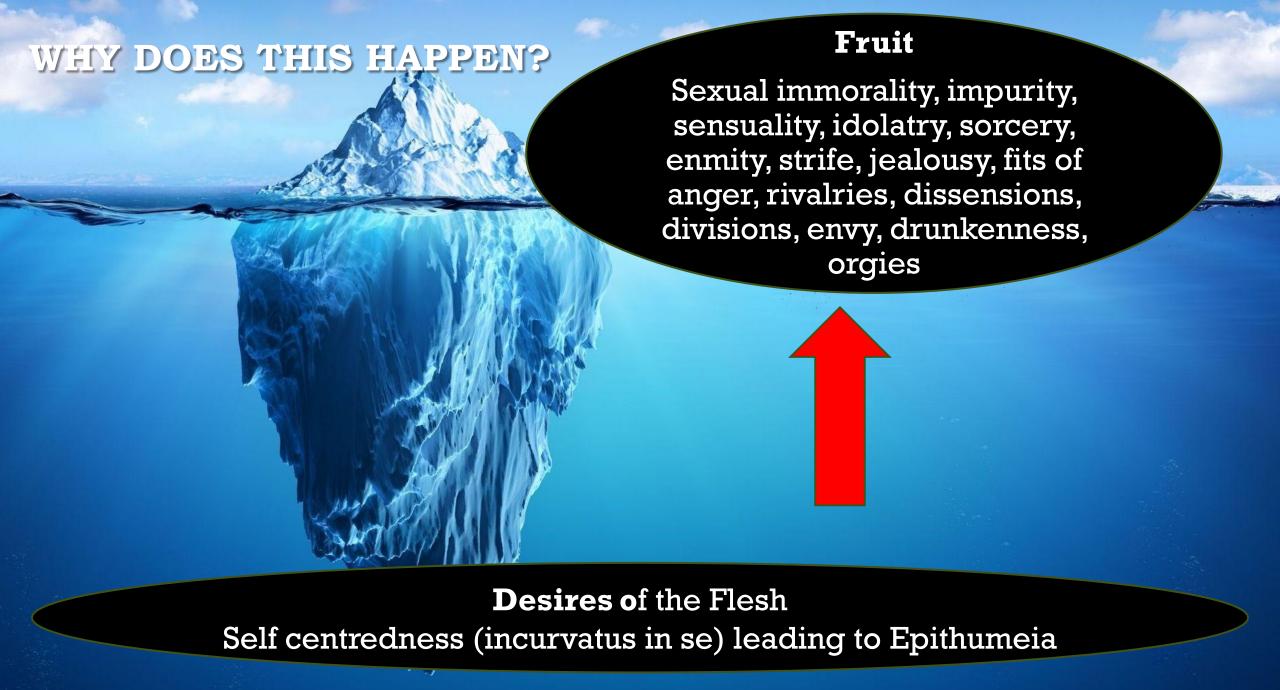
The opposite of love

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law. 24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

## WHY DOES THIS HAPPEN?



- Self centredness (Incurvatus in se)
- We become the main reference point
- We refuse to trust God



### CASE STUDY - WHAT IS THE RIGHT RESPONSE?



Rightly ordered loves

- 1. God
- 2. Caring for others
- 3. Being a good testimony
- 4. Teaching values
- 5. Coaching football
- 6. Winning

#### Disordered loves

- 1. Winning
- 2. Coaching football
- 3. Caring for others
- 4. Being a good testimony
- 5. Teaching Values
- 6. God

### SIN MAKES GOOD THINGS INTO ULTIMATE THINGS

Intimacy

Wholeness
Joyful celebration and rest
Worship God
God's guidance
Justice

Peace-making

Desiring career growth

Righteous anger

Stewardship and calling

Dialogue

Diversity in unity

Celebrating achievements

Enjoyment of creation

Feasting and fellowship



Sexual immorality

**Impurity** 

Debauchery

Idolatry

Witchcraft

Hatred

Discord

**Jealousy** 

Fits of rage

Selfish ambition

Dissensions

**Factions** 

Envy

Drunkenness

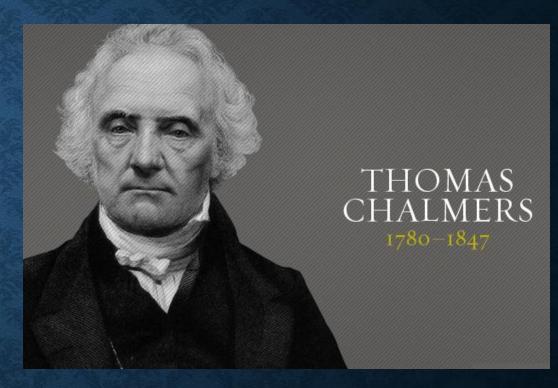
**Orgies** 

### HOW CAN WE BE SAVED?

"The love of God and the love of the world, are two affections, not merely in a state of rivalship, but in a state of enmity

We have already affirmed how impossible it were for the heart, by any innate elasticity of its own, to cast the world away from it, and thus reduce itself to a wilderness."

"The heart is not so constituted, and the only way to dispossess it of an old affection is by the expulsive power of a new one."



# YOU CAN'T EXTINGUISH THESE DESIRES THROUGH WILLPOWER











### YOU NEED A MUCH STRONGER DESIRE

 22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law. 24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires.



### WHY WAS RONALDO CRYING?

### WHY IS JAZIEL SO HAPPY?



Cristiano Ronaldo playing in what is expected to be his final FIFA World Cup tournament, left the field in tears after Portugal's shock exit following their 1-0 defeat to Morocco in the quarter-finals at the Al Thumama Stadium, Qatar on Saturday, December 10.



Rightly ordered loves

- 1. Daddy mummy
- 2. Family
- 3.
- 4
- 5.
- 6.
- 7. Playing with friends
- 8. McDonald's
- 9. Football
- 10. Winning



"It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased."

~C. S. LEWIS

### Rightly ordered loves

- 1. God
- 2. Family
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10. Winning

# WE NEED A MUCH STRONGER DESIRE

Gal2:20 I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.







### LIFE IN THE SPIRIT: CRUCIFYING THE FLESH GAL 5:19-21

- The fight against slavery is real
- You can't be free if you love your chains
- Freedom begins when you remember you are loved

### BENEDICTION GAL 2:20

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me." Go forth, living by faith, in the power of Christ who dwells in you. Amen.