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USJ3 DISCIPLESHIP GROUP
PRAYER SPOTLIGHT
PRAYER FOR LIFE GROUPS

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# USJ3 DISCIPLESHIP GROUP

Like all of us, I have gone through various stages in life. Each individual views life from different perspectives in terms of "success."

As I grew up, my concept of success took on a different form altogether. I became increasingly driven to pursue academic excellence, which

led me to study abroad and secure a double degree. This educational journey not only broadened my perspectives but also instilled in me a strong work ethic, shaping my understanding of what it means to be successful.









I wanted to study and work hard, aiming to be 'successful' and eventually climb the corporate ladder. Alongside my career ambitions, I aspired to build a happy family and provide for their needs. I also hoped to achieve a comfortable lifestyle, with a roof over my head, a reliable car, and some savings. Ultimately my goal was to enjoy life to the fullest.

As I grow older, I find myself pondering my life's destiny and what lies beyond this world. This introspection has led to a sense of spiritual emptiness and a feeling of being lost in life. I've come to understand that worldly material possessions are temporary and will eventually fade away over time.

A few years ago, I accepted Jesus as my Lord and Savior, which brought about a transformative power in my life.

Through faith in Jesus, I have been justified by grace and have become a servant of God's righteousness. This perspective has allowed me to look at life from an eternal standpoint. By reading His words, communing with Him, and deepening my faith, I have found spiritual nourishment and guidance.

I began attending church services, but I noticed that they often focus more on teaching than on personal engagement with the Bible or spiritual practices. I realised that large church settings might not provide the supportive environment needed for personal spiritual growth. This

led me to explore life groups, which I have attended over the years as a Christian. Two years ago, my husband and I decided to join the USJ 3 Discipleship Cell group.

# WHY IS IT IMPORTANT AND WHAT ARE THE BENEFITS OF JOINING A LIFE GROUP?

Joining a Christian home life group offers spiritual, emotional, and relational benefits, fostering growth in faith and community. Below are key advantages:

#### **Biblical Foundation**

- Obeying Biblical Commands:
   Gathering fulfils the command in

   Hebrews 10:25 to meet and encourage one another.
- Experiencing God's Presence:
   Matthew 18:20 assures that God's
   presence is among those gathered in His name.
- Powerful Prayer: Praying together amplifies spiritual impact, as stated in Matthew 18:19.

#### **Community and Belonging**

- Sense of Belonging: Small groups (10–15 members) create deep connections and a sense of family within the church.
- Support System: Members share struggles, celebrate victories, and provide emotional and spiritual support.

## **Spiritual Growth**

- Bible Study and Reflection:
   Facilitated by a leader, these groups encourage active participation in scripture study and prayer, deepening faith.
- Accountability: Members hold each other accountable and guide spiritual challenges.



#### **Evangelism and Outreach**

- Relational Evangelism: Small groups serve as effective platforms for outreach to non-believers through personal relationships.
- Mentorship: New believers can learn from mature Christians through mentorship within the group.



#### **Practical Benefits**

- Friendship Building: Groups foster lasting friendships based on shared faith and experiences.
- **Church Growth:** Healthy life groups strengthen the church body and contribute to its expansion.

Life groups are vital pillars of Christian communities, offering a safe space for growth, fellowship, and service to God and others.

These activities can help to build relationships and address community needs. And strengthen the church's presence in their neighborhood.



#### **Community and Outreach Activities**

A life group of a church can organise various community and outreach activities to foster connections, serve others, and share their faith. Here are some ideas:

- **Volunteer Services:** Organise food drives, clothing donations, or shelter assistance for the needy.
- **Family Programs:** Host childcare or tutoring programs to support families. Create sports leagues or exercise groups for all ages.
- Community Events: Celebrate holidays like Easter or Christmas with themed outreach events.
- Workshops and Support Groups: Offer workshops on financial literacy, parenting, or mental health awareness. Create support groups for grief, addiction recovery, or emotional challenges.



## TESTIMONIES FROM USJ 3 DISCIPLESHIP LIFE GROUP MEMBERS

#### Lim Bee Leng

When I moved back to Subang Jaya in 2013. I looked around for a suitable church to worship. When I came to FBC as a first-timer visitor, Dr. Peter noticed us and introduced us to Brother Steven Shia. That's how we joined Steven's LG.

In a big church with a large congregation, a new member tends to feel lost in a crowd when you hardly know anybody in the church.

Attending a Life Group provides us with a smaller caring church community.

In the LG we learned God's Word to grow spiritually. We share our joy and our problems. We prayed and encouraged one another.

I would encourage everyone to join an LG. Ecclesiastes 4:9-12. Protect and support one another.

#### **Ricky Lee**

I was introduced to USJ3 LG by a late Christian brother when I started attending the FBC Church service in 2013. As a new seeker then, I knew nothing about life group and thought it was just weekly evening Christian fellowship. I have been attending USJ3 LG since then, I think since Sep 2013 (Already over 11 years.)

I'm glad to be part of a life group that I can fit in. Attending the LG allows me to study the Bible in a group rather than in isolation. Through group sharing and discussions we get a better perspective and understanding of the scriptures. Interesting deliberation and exchanges among members on the verses make the study more lively. We learn and explore not only the theological aspect but also the application in our daily living as Christians. Furthermore, the wonderful fellowship over a simple meal together after the study offers great bonding among the members.

Therefore I urge anyone who has yet to join a life group to do so. You will be missing out on a wonderful opportunity to experience, learn, and strengthen your faith in Christ.





#### Wei Min

We were looking for a Life Group to join for some time, as we wanted to get to know more church members. In a large church, one can be amongst the crowd but still seem to be on our own. Hence, a Life Group seems like a natural place to start to build more friendships and have closer fellowship with fellow believers.

As Angie used to serve alongside me at Vacation Bible School many years back and found her to be a gentle, friendly, and caring person, we decided to join the USJ 3 Life Group in May 2024, which is led by Steven and Angie.

At USJ 3 Life Group, we have made friends with the regular members and can feel their warmth as we meet for Bible Study and the meetings always end with delicious food and fellowship. It feels good to belong and even on Sunday worship days, we are no longer just another person in the crowd, but now, we have many familiar friendly brothers and sisters to greet and to be greeted!

If you are looking for a cell group to join, please contact brother Steven 016-2056277 or sister Angie 017-2306277 for further details.





## PRAYER FOR LIFEGROUPS

- Pray for God to shape each Life Group to be a place where people will hunger for His Word, a thirst for prayer, and a passion for making disciples.
- Pray that God will reveal the LG members' spiritual gifts and create opportunities for those gifts to be used to honor him and serve the groups.
- Ask God to lead new people into the right LG, and pray for a spirit of acceptance and welcoming.
- Pray for LG leaders to be equipped with wisdom, grace, and the ability to shepherd the group effectively.

Holy Bible