OSPEL

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**Prayer Spotlight** For Mothers of Young Children







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- MAIN SERVICE | Physical & Youtube | Sundays 8:45am / 11:15am

YOUTH SERVICE | Physical | Sundays 8:45am

# SUNDAY SCHOOL

For Ages 3 to 12 (Preschool to std 6) Physical Classes 8:45am / 11:15am

# The 9pm Prayer

# ozoom

Let's Come Together in

**MONDAY - THURSDAY TIME: 9:00pm** Zoom ID: 929 735 694 Passcode: pray

Devote yourselves to prayer, being watchful and thankful. - colossiant 42 in

church (Acts 1:14, 2:42, 4:23-31). Praying together in community has been a feature of the people of God in the Old Testament from Exodus through to the days of Jesus. We have the promise that the Lord is in our midst when we are gathered in his name. And when we pray in one accord, in agreement, we know that our Father in heaven will answer (Matt 18:19-20).

**FBC** 

Have you ever wondered what happens at the 9pm FBC zoom prayer meeting on Mondays to Thursdays? Who prays? What do they pray? Who can attend? Why do they pray? What are the rules?

Why do we pray together? Would it be easier to pray on your own? Praying together has always been a prominent part of the life and growth of the early

Next Week's Sermon May 14 2023 **Anti Christ and** False Teachinas: The Greatest Danger to the Dr Peter Ng

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The practice of praying together with the family of God regularly has been a wonderful blessing. God has broadened my spiritual horizons. By myself, my prayers are limited by my laziness, selfishness, narrow life experiences and skewed interests. I have learnt that God is at work in so many places through many faithful sisters and brothers. And it has been a privilege to agree in prayer when a sister prays for the work of Soup Kitchen, a brother for refugee community, another for families with young children, and the list goes on.

There had been nights when I felt distracted, lazy, discouraged or just too distant to pray. But God often in his goodness, corrected, encouraged and uplifted my spirit right in the midst of the prayer meeting. When I listened carefully to the prayers of my sisters and brothers, I heard the faith and hope they have in the Lord. I was reminded that we were in the presence of the One who is holy and powerful, who listens patiently and answers to his glory. I also realised that God's kingdom is far larger than I can imagine.

What do we pray for in the 9pm prayer? We pray for everything. We pray for anything that God brings to our minds. We pray for the ministries of FBC, the sick, the Sunday Service, the leaders of FBC, the salvation of our loved ones and friends, missionaries. We pray for Malaysia on Mondays. We pray for each other's personal needs. And God has blessed FBC with answered prayers and strengthened our faith and love in the knowledge that he listens and acts on the prayers of his children.

What happens in the prayer meeting? It is quite simple. We start at 9pm on Mondays-Thurdays. The prayer leader reads a short Bible passage and will open with a short prayer to enter the presence of God with praise and thanksgiving. In 2021, we read through the book of Psalms. In 2022, Proverbs and Revelation, and now we are reading Psalms again. Anyone in the session can pray aloud as led by the Spirit. The prayers can be as short as a sentence. Everyone is encouraged to keep the prayers short so as to enable as many as possible to participate in prayer. When one is praying, the others silently follow the prayer so that we can agree and pray in accord. Sometimes, the Spirit leads another to pick up on the subject and continue to pray on the same matter. And at the end, the leader will pray the closing prayer.

Who can attend? Anyone can attend on any night. If you feel you cannot pray aloud, we will pray for your need. We do not need eloquence or powerful speech. It is not a masterclass for the leaders or prayer warriors. We are all learning to pray. All that is needed is a humble heart for God.

In December 2022, together with Ps Joash, Ivan, Jane, Joelle and several youth leaders, we prayed for the Youth Camp for the whole month. Their attendance gave us a fervency in our prayer. We also heard constant updates and could pray specifically for the particular need at that moment. And we rejoiced and gave thanks for the positive outcomes at the Youth Camp. It was truly a blessing to pray together, uncles, aunties, young adults and young, for the Youth Camp. We are glad that in 2023 Ivan regularly joins the 9pm prayer meeting.





# For Mothers of Young Children

- In the depths of exhaustion, may she find rest in You. Fill her with Your peace, surround her with support from family and friends, and restore her with your joy and strength.
- In times of feeling inadequate, remind her of Your sufficiency and make Your presence known to her. Guard her heart, and give her eyes to see her worth in You.
- In the midst of chaos, lead her beside still waters. Help her to trust You enough to slow down, help her discover the beauty and blessings that are found in this season of motherhood.
- In moments of helplessness, may she know You to be her helper, healer, defender, and advocate. May she know that You are always listening to her prayers and that she is never alone.
- In times of delight and joy, may she remember to lift up her heart to You in song and thanksgiving. Bless her with reciprocated love, milestones to celebrate, and many moments that will be treasured as sweet memories.