

# FBC TODAY

U N L E A S H I N G   T H E   G O S P E L

## INSIDE THIS ISSUE

ARTICLE  
**Testimonies from Sisters in Christ (SIC) Discipleship Life Group**

Prayer Spotlight  
**Prayer for Women Ministry**

# FBC

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- **MAIN SERVICE**  
| Physical & Youtube |  
Sundays 8:45am / 11:15am
- YOUTH SERVICE**  
| Physical |  
Sundays 8:45am
- SUNDAY SCHOOL**  
For Ages 3 to 12  
(Preschool to std 6)  
Physical Classes  
8:45am / 11:15am

# Testimonies

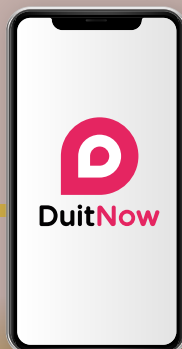
## from Sisters In Christ (SIC) Discipleship Life Group

Four days ago - March 8 - the world celebrated its annual International Women's Day. Thus in this FBC Today issue, it is appropriate that we have our Sisters in Christ ministry members share their inspiring and wonderful journey of growing together in their walk with God and the strong bond of fellowship in God's Family.

When I first joined the Sisters in Christ Life Group in April 2020, dubiety assured me that my sojourn would be brief. What exactly am I doing in a women's group, probably fighting some women's issues? I mused and asked God, not knowing that I was in for 3 important lessons. In November 2020 the first lesson came. I received a WhatsApp



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message from Grace. "Carol, can you worship lead this Saturday?", wrote Grace. "O-no-no! Cannot! Cannot! Cannot! I don't even know what that means," I posted in my reply. Thank God for the wisdom He gave to sister Grace. In a clear and crisp response, she stilled the anxieties in my heart with the following post. "OK, Carol. This Saturday, can you pick up your guitar and then play and sing a worship song before our meeting?" I wiped the sheepish grin from my face and replied that I would.

**The second lesson I picked up at SIC was regarding prayers. I did not know how to pray. The sisters at SIC taught me how to start by writing out my prayer and then reading it out. What is important is to pray short and sincere prayers from our hearts. With practice, I am now comfortable with saying the Opening Prayer at our SIC meetings.**



The third lesson came from the fortnightly SIC discussions. We were given five or six questions based on the Sunday sermon. At times, during the discussion, I felt like the proverbial blind man asked to describe the elephant. Forgive me for my naivety for assuming that I understood the bible as it was. My vapid ignorance became blatant after I listened to the different viewpoints regarding topics that I thought were one-dimensional. It is amazing how seemingly difficult questions become more comprehensive when we come together as a group to discuss them. - **Carol Lim**

As a new believer, the thought of joining a life group has been on my mind and I praise the Lord for bringing me to the Sisters in Christ Discipleship group through Sister Grace. It has been 2 years since I joined and I feel very blessed to be in this group. Our fortnightly meetings and discussions of the Sunday sermons have given me a better understanding of the scriptures. I have grown spiritually and have drawn closer to God. In SIC we learn to love, care and uphold one another in prayers. - **Jenny Lai**

Joining a Life Group during the Covid-19 pandemic was one of the best decisions I had made given the endless lockdown. It was a difficult time, and I was trying to discern the challenges in an unprecedented time. I needed much spiritual nourishment, whereby reading the Bible or listening to Podcast alone was not sufficient for my spiritual sustenance. Thank God I found Sisters in Christ LG which has the perfect setting for me to dialogue with like-minded sisters. We are the only women's group that provides every sister a comfortable and conducive environment to be open and to share freely our challenges and struggles without fear and favor. As a result of the fellowship and devotion to God, the Holy Spirit's presence was pronounced, allowing me to walk closely and intimately with Christ. Thank you sisters for your frank and open sharing; I have learned a lot from our time spent together - **Evelyn Tan**





I feel a sense of belonging; knowing that I am loved, cared and prayed for in my recent times of need. We also share our joy (birth of a grandchild) and sorrow (loss of a loved one). As in Romans 12:15 "Rejoice with those who rejoice, and weep with those who weep" – **Yap Soh Khen**



I remember that I was very burdened when I first joined SIC in October 2019 – as a woman facing family challenges, and having a teenage son with special needs. But through the study of His word and prayer support from the sisters, I have experienced the grace and favor of God in my life. Sometimes the session can be truly anointing and I can feel the power of His love moving. During the pandemic, the weekly sessions were always comforting and encouraging and I'm also enlightened with a deeper understanding of the sermon of the week. Today, I'm singing praises to the Lord and daily prayers have become part of my lifestyle. It is my prayer that the Holy Spirit will continue to humble my heart, make me sensitive to the needy and help me grow in the knowledge of God – **Caroline Yeok**

**Realizing the need to immerse myself in the stillness of God's peace, I joined SIC in April 2020. Together with the other sisters, I found the joy of hearing His voice clearly, knowing His heart deeply, resting in His love more freely, trusting His care completely, walking His path peacefully, and experiencing His presence more intimately.**

When my beloved husband went home to the Lord unexpectedly in August 2021, in my intense grief, my faith was challenged. In brokenness, I desperately cling to God's promises and know He will never leave me nor forsake me. God has given me strength, comfort, and courage through the warmth, care, and love of the Sisters in Christ discipleship group, Sunday LG, the Karis Ministry, and Tanamera LG. I'm gratified by the opportunity to be involved with the Sisters in Christ Discipleship Group led by Sis Grace Yap & Sis Pearly Yeoh. Both of them faithfully facilitate our discussion based on Sunday sermons fortnightly – **Floreen Cheong**




Through the SIC group, I am blessed to know more sisters in FBC and be ministered to by their love and concern. They pray for me and my loved ones when we are in trouble or faced with issues. From the discussion questions, I understand the Sunday sermons better and in greater depth. – **Sharon Wong**

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I feel very encouraged and safe amongst my sisters here. There is much wisdom, love, and teaching that I have gathered over these 2 years – especially the lockdown made it more so for me to connect with like-minded friends and if not for this group, I would be lost. I am thankful to our session facilitators who continuously encourage us with scripture verses and little notes that touch our hearts. I am enriched by the sharing of other members during the discussion and it is really helpful that we can dissect the sermon and uncover many truths that I did not know. Joining SIC is one of the best things I did. – **Eileen Chu**

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Praise God for the opportunity to join SIC via zoom during the 2-year lockdown. I have indeed benefited tremendously from the discussion meets. The questions put forth each week stretch my brain, enabling me to reflect on my past and present walk with God and also to share my bitter-sweet life experiences with the sisters. This has been a golden opportunity for us to encourage each other and to foster great long-lasting friendships too. Glory to our Father in Heaven. – **Doris Tan**



SIC, as the name suggests is an LG where we treat each other as sisters in a family. I have been very encouraged by the care, love, and compassion shown by the sisters here. Besides this, I am well nourished with the spiritual food I get. During our meetings, the previous week's sermon is expounded and we discuss how we can relate it to our daily lives. My walk with God has deepened with more knowledge and understanding of God's plan and purpose for me. As we share with one another our joy and pain, we learn to trust one another. I have been deeply blessed in this LG.

– **Bridget Kum**

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It is such a privilege to belong to the SIC Discipleship Group. We grow deeper in God's word while at the same time we pray and support one another. I always look forward to our bi-weekly meetings as we learn from one another, each one growing at our own pace. – **Corinne Chia**

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The discussion of Sunday sermons during the SIC meetings help me to understand the sermons in more depth. As we read God's Word and listen to one another's sharing, we are amazed at how and what our Living God is teaching us. SIC provides a platform for sisters in Christ to foster close relationships with one another and to be aware of one another's needs and struggles. I have been greatly encouraged by the warmth and care shown by the sisters especially when we pray for one another. – **Kaye Lee**

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**The pandemic has grown my learning of God's word by leaps and bounds. Our fellowship and sharing relieved us from some of our difficult moments. Words of encouragement and praying for one another helped me grow in my walk with Christ, thanks to SIC.**

– **Jacie Leong**

On 8th September 2021, I attended the Sisters in Christ meeting with the intention of accompanying a shy lady friend. Although that lady friend could not make it, I decided to join the SIC group because I was very comfortable in an all-ladies group. I look forward to the SIC meeting which is held on the first and third Saturday. All the ladies in the group are able to share very freely knowing that we accept one another and care for one another. We pray for one another and our loved ones. When my grandson had health issues, the whole group prayed for him. I am very thankful and grateful to be part of SIC. – **Lynn Chan**

**I am thankful and grateful to the Lord for leading me to join SIC's warm & caring family in Christ. I feel a sense of belonging with the unconditional love, closeness, and compassion that touch me deeply.**

The group discussion gives me further insight and understanding of God's word. The sharing and testimonies of others uplift me, and remind me that I am not the only person facing challenges, the emphasis on applying what we learn encourages me to live a transformed life as I'm reminded to look to God from whom our help comes. I am comforted, safe, and assured with the sisters – I know I am in good hands – **Margarette Choy**

I am glad to be part of the Sisters In Christ (SIC) discipleship group which is a very caring and loving ladies' group. To enable us to participate in the discussion, we have to listen attentively to the sermons. The questions help us to reflect on the lessons learned and to apply them to our daily lives. We share freely from our hearts – our needs, pains, joys and blessings. We pray, care, and encourage one another. Indeed I have a very fruitful time in this sisters' group.

– **Mary Kee**

SIC Discipleship Group is where we freely engage, listen to one another's experiences and encourage each other when we face challenges in our Christian faith. It's a safe space for me as I know that all sisters are here to grow together regardless of our level of maturity in our walk with Christ. I'm truly thankful and blessed to have sisters who faithfully lead and facilitate the regular meet-ups. – **Wong Siew Choo**

My appreciation to SIC for all the encouragement during our time together. All the members are very supportive. I'm really happy and grateful for such friendship.

– **Margaret Low**



**“Thy word is a lamp unto my feet,  
and a light unto my path”  
(Psalm 119:105) I want to give all  
glory and honor to our Lord Jesus  
Christ for the SIC Group. It is not by  
accident that we are in this Group.  
God has called us to come together  
on a regular basis, to worship Him,  
thank Him and praise Him for all that  
He has done, and is still doing in our  
lives, as we study His Word.**

During the 2 years of lockdown we could not meet physically, but thanks to zoom technology, the SIC group was able to meet every Saturday morning to study His Word and pray. It is so amazing how God has turned the pandemic into a fruitful and blessed season for many of us. I have come to know and love many sisters in Christ. As we know one another better, SIC has become a safe space for us to share our personal challenges in life and to uphold one another in prayers. In this season of my life, I wish to grow closer to my Heavenly Father, and the SIC Group is giving me this opportunity as I study God’s Word together with my sisters in Christ. **– Rosie Tan**

As facilitators of the Sisters in Christ Discipleship Life Group, it is our desire to provide women a place to develop their faith and grow in spiritual maturity through the discipline of bible study, prayer, and service by sharing insights from one another’s experiences. We thank God for His faithfulness in leading, sustaining, and providing for us throughout the pandemic. From March 2020 till September 2021, we had our SIC Sharing and Prayer meetings via zoom every Saturday from 10 am –12 noon. From October 2021 onwards we change our zoom meetings to the first and third Saturday of the month.

Each meeting starts with an opening prayer and an opening song. Then we break out into two groups for our

Sharing and Prayer session. In the breakout group, we read the scripture and discuss a set of questions based on the Sunday sermon. Everyone is encouraged to participate and share what they have learned from the scripture and the sermon. As facilitators, we are often amazed at how our Living God speaks to each of us very differently and yet appropriately. Indeed He is our Creator God. He knows our needs and we are at different stages in our walk with Him. The questions are designed to help us reflect on what God wants to teach us and how we can apply the lessons learned from the sermons. As we share and listen to one another with open minds and receptive humble hearts, we come away from the discussion very refreshed and blessed. At the end of each breakout session, we share our joys and struggles freely knowing that our sharing is with a family of sisters who love us and are not judgmental and everything shared is confidential. Our prayer for all SIC members is that we will have a hunger for God’s Word and we will be transformed by it. We remind one another to have a close and intimate relationship with God and to love Him wholeheartedly and to give Him top priority in all aspects of our lives. We are committed to loving, encouraging, and supporting one another in our pilgrimage on earth. We learn to obey and serve God joyfully and sacrificially. After our breakout session of 100 minutes, we return to the main room for a time of reflection and response. This is followed by a Closing Song and Benediction.

It is awesome how our Heavenly Father has created us women to be sensitive, caring, gentle, compassionate and yet courageous, persevering, and strong. If any sisters in FBC wish to experience the indescribable uniqueness of an all-ladies life group, do contact any of us. You are welcome to join us as an observer. You may enjoy the warm fellowship of the Sisters in Christ and decide to stay on

**– Grace Yap & Pearly Yeoh**



**by Grace Yap & Pearly Yeoh**

Pearly and Grace both co-lead  
Sisters in Christ

## **Prayer**Spotlight

### **Prayer for Women Ministry**

1. Pray that the women will desire to draw nearer to God and therefore dedicate more time to be alone with God for Him to reveal His direction and purpose in their respective calling.
2. Pray that women of all ages will realize that they can play a more significant role and be a greater influence in their homes, workplace and church as a testimony of God’s grace & blessing.
3. Pray that they will continue to remain steadfast and experience joy and peace as care givers to elderly parents or spouses who are totally dependent on them especially those who are sole breadwinners.