

# FBC TODAY

U N L E A S H I N G   T H E   G O S P E L

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# FBC

FIRST BAPTIST CHURCH  
SUBANG JAYA

f i g t i YOUTH

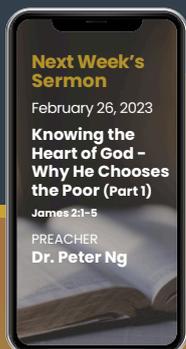
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- MAIN SERVICE**  
| Physical & Youtube |  
Sundays 8:45am / 11:15am
- YOUTH SERVICE**  
| Physical |  
Sundays 8:45am
- SUNDAY SCHOOL**  
For Ages 3 to 12  
(Preschool to std 6)  
Physical Classes  
8:45am / 11:15am

# OHANA Means Family

Ohana Life Group is unique as we don't have a leader but instead we are blessed to have Pastor Ling as our adviser. Ohana was formed in February 2018 and in these few years, we have seen members come and go, and now we have 10 regular members. And we have just started physical meetings on alternate Fridays either at SS19 or SS18 in our members' homes.

There are various reasons why small groups make a difference. Members tend to talk more in small groups. Just like in Ohana, we have a lady member who was a very very timid and quiet person. But, I see that she has been transformed over the years and she is now actively serving in Ohana. Praise the Lord that this nice lady is talking, laughing, and sharing with us!



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I also want to relate how Ohana had helped me during my difficult days. In April 2021, I contracted Covid and was in the hospital for 2 weeks.

**During MCO, our meetings were held every Friday through Zoom. Each week, Ohana prayed for me. Every day I received comforting messages to encourage me. Some also send Bible verses, especially on Psalms.**

Then, sometime in December 2021, I experienced pain in my legs. Each week, Ohana prayed for me but no one knew how intense the pain was. Until the day before I was admitted to the hospital, we had our physical fellowship in a café. I was in so much pain that they have to carry me in and carry me out to take me home. It was Ohana members that insisted that I must check into the hospital immediately and I did just that the following morning. It turned out that I needed both my hips operated on, and I am now recovering well.

Over the years, Ohana faces a lot of challenges, weaknesses, frustration, and anger among our members. Not forgetting that Life Group is the platform to do 'life' together and for us members to come together to reach out to one another to seek forgiveness, practice humility, and most importantly, pray for each other. Our Lord never intended us (believers of Christ) to be a "me, God and my Bible" kind of lifestyle. The Scripture teaches us that we need each other for support.

It is never easy to be a believer, on the contrary, we actually struggle in our daily walk with Christ. Therefore, it is of utmost importance to join a Life Group.



**By Corinne Au**

Corrine attends Ohana Life Group.





## Prayer for Married Couples in FBC

1. God to preserve and protect the marriage commitment of all married couples in the church.
2. Married couples will be intentional to reflect on the "temperature" of their relationship and be touched to reignite their love for each other through deep and meaningful conversations. May their hearts be open to refresh the idea of "dating" one another again by signing up for the Alpha Marriage Enrichment course (tba).
3. The Lord will strengthen our married couples' communication skills; empower them to seek God's help to control emotions and garner patience, honesty, perseverance and trust even as they reconnect their need for each others' attention, love, support, intimacy, understanding, time and emotional health.
4. God will build up more married couples; to see and to hear the necessities to be "role models" for our young couples and be willing to be nurtured by connection, love and partnership through the various marriage / parenting courses of Family Life Ministry (FLM) to impact the marriage of our young generation.

